



Eating Disorders (The Facts Series)

Suzanne Abraham

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Eating Disorders: The Facts is a comprehensive and accessible guide to the major eating disorders namely anorexia nervosa, anorexia nervosa not for weight or shape, exercise disorder, bulimia nervosa, purging disorder, rumination disorder, binge eating disorder and atypical.

Sympathetically and clearly written, this guide considers why eating disorders occur, and then looks at each in turn, describing the eating behaviours, diagnosis, and treatments available. The opening chapters tackle adolescent eating behaviours and infertility, pregnancy and the postpartum period. Case histories and patient perspectives provide insights into the mind of the eating disorder sufferer, making it easier for patients and their families to relate to the topics discussed.

Revised and updated new topics include contribution of epigenetics (in utero contribution), attachment in perinatal and early years, and the negative and positive impact of the internet and social media. Eating Disorders: The Facts provides an authoritative resource on eating disorders that will prove valuable for sufferers and their families.



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Irma Cook:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them household or their friend. Do you know? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read the book. It is really fun to suit your needs. If you enjoy the book you read you can spent the entire day to reading a guide. The book Eating Disorders (The Facts Series) it is rather good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. When you did not have enough space to create this book you can buy the actual e-book. You can more easily to read this book out of your smart phone. The price is not to fund but this book has high quality.

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