



# Nurse-Midwifery Handbook: A Practical Guide to Prenatal and Postpartum Care

*Linda Wheeler*

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# Nurse-Midwifery Handbook: A Practical Guide to Prenatal and Postpartum Care

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## **Nurse-Midwifery Handbook: A Practical Guide to Prenatal and Postpartum Care** Linda Wheeler

This practical handbook of prenatal and postpartum care is written for nurse practitioners, nurse-midwives, graduate students, and practicing OB/GYN nurses. It includes coverage of history taking, physical exam, laboratory tests, health education, initial and return prenatal visits, postpartum period, and family planning. Focus is placed on physical and psychosocial well-being and health promotion. Special features include: Healthy Pregnancy Questions for differentiating between common discomforts and potential complications; Key Moments tables that summarize essential information for key gestational ages; and History Taking forms. Numerous appendices permit easy and quick reference. A must have reference for nurse practitioners and nurse-midwives.

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