



# **White Sail: Crossing the Waves of Ocean Mind to the Serene Continent of the Triple Gems**

*Thinley Norbu*



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Buddhism teaches that enlightenment is our natural state; the problem is that we do not recognize this state, owing to the mind's confusion about its true nature. Thinley Norbu presents the Buddhist view in a way meant to clear up misconceptions and awaken the reader's innate wisdom. Thinley Norbu is a distinguished teacher of the Nyingma lineage of Tibetan Buddhism and the author of The Small Golden Key and Magic Dance.



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