



# White Sail: Crossing the Waves of Ocean Mind to the Serene Continent of the Triple Gems

*Thinley Norbu*

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Buddhism teaches that enlightenment is our natural state; the problem is that we do not recognize this state, owing to the mind's confusion about its true nature. Thinley Norbu presents the Buddhist view in a way meant to clear up misconceptions and awaken the reader's innate wisdom. Thinley Norbu is a distinguished teacher of the Nyingma lineage of Tibetan Buddhism and the author of *The Small Golden Key* and *Magic Dance*.

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