



# Arthritis, Rheumatism and Psoriasis (By Appointment Only)

*Jan de Vries*

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## **Arthritis, Rheumatism and Psoriasis (By Appointment Only)** Jan de Vries

Arthritis, psoriasis and related rheumatic diseases are an enormous and growing problem throughout the world, with as many as 80 million people suffering from one or another of these conditions. Patients seeking help or relief from their own doctors or hospitals are often informed that they will simply have to live with the problem and that little can be done. In this book, Jan de Vries shows how the problems can be reversed by a simple nutritional and natural approach in which there are none of the terrible side effects that can sometimes accompany a course of drugs. Arthritis, Rheumatism and Psoriasis draws attention to a great variety of home remedies, from homeopathy to herbs, and places particular emphasis on diet as a source of cure.

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