



# To Walk a Pagan Path: Practical Spirituality for Every Day

*Alaric Albertsson*



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## Inspiration and Ideas for a Holistic Pagan Lifestyle

Live fully as a Pagan every day of the year, not only on full moons and holidays. With practical tips for integrating earth-centered spirituality into every aspect of life, *To Walk a Pagan Path* shows you how to:

- Cultivate a meaningful Pagan practice by following seven simple steps.
- Develop a sacred calendar customized for your beliefs, lifestyle, and environment.
- Make daily activities sacred with quick and easy rituals.
- Reclaim your place in the food cycle by producing a portion of your own food—even if you live in an apartment!
- Express Pagan spirituality through a variety of craft projects: candles, scrying mirrors, solar wreaths, recipes, and more.
- Create sacred relationships with animal familiars.



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