



# **Treatment and Prevention of Alcohol Problems: A Resource Manual (Personality, Psychopathology, and Psychotherapy)**

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# **Treatment and Prevention of Alcohol Problems: A Resource Manual (Personality, Psychopathology, and Psychotherapy)**

## **Treatment and Prevention of Alcohol Problems: A Resource Manual (Personality, Psychopathology, and Psychotherapy)**

Personality, Psychopathology, and Psychotherapy: A Series of Monographs, Texts, and Treatises: Treatment and Prevention of Alcohol Problems: A Resource Manual focuses on the application of information gained through clinical experience and research in the treatment and prevention of alcohol problems.

The selection first offers information on an overview of treatment and prevention of alcohol problems; beginning treatment for alcohol problems; and assessment of multiple conditions in persons with alcohol problems. Discussions focus on multiple-condition concepts and measures, therapeutic relationship, treatment contacts, dealing with associated problems and special populations, early intervention and prevention, and treatment techniques. The text then elaborates on the medical aspects of alcoholism, behavioral treatment of alcohol problems, and building self-confidence, self- efficacy, and self-control.

The publication takes a look at imagery and logotherapy techniques in psychotherapy and self-help groups and other group procedures for treating alcohol problems, including historical development of group procedures, logotherapy and treatment for alcoholism, and imagery methods and treatment for alcoholism. The manuscript also examines the prevention of alcohol problems and the theory and methods for secondary prevention of alcohol problems.

The selection is a dependable source of data for researchers interested in the treatment and prevention of alcohol problems.

### **Key Features**

- \* A resource manual for the treatment and prevention of alcohol problems
- \* The contributors represent the major innovators in the field
- \* Covered in detail are:
  - \* initiating treatment
  - \* specific treatment techniques
  - \* associated problems and special populations
  - \* early intervention and prevention



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