



Advanced Modern Arnis: A Road To Mastery

Dan Anderson

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The is the second book in Dan Anderson's Modern Arnis series, Advanced Modern Arnis: A Road to Mastery is an in-depth study of the advanced concepts and underlying principles of Modern Arnis. At 167 pages and over 1,300 photos, this book is jam packed with tons of information. "These principles and concepts have been taught to me by Prof. Presas in my 20 year association with him and are now compiled for all Modern Arnis students as well as Filipino martial artists everywhere to study." - Dan Anderson



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