



# Shell Shocked Britain: The First World War's Legacy for Britain's Mental Health

*Suzie Grogan*



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## **Shell Shocked Britain: The First World War's Legacy for Britain's Mental Health** Suzie Grogan

We know that millions of soldiers were scarred by their experiences in the First World War trenches, but what happened after they returned home? ??Suzie Grogan reveals the First World War's disturbing legacy for soldiers and their families. How did a nation of broken men, and 'spare' women cope? ??In 1922 the British Parliament published a report into the situation of thousands of 'service patients', or mentally ill ex-soldiers still in hospital. What happened to these men? Were they cured? What treatments were on offer? And what was the reception from their families and society? ??Drawing on a huge mass of original sources, Suzie Grogan answers all those questions, combining individual case studies with a narrative on wider events. Unpublished material from the archives shows the true extent of the trauma experienced by the survivors. This is a fresh perspective on the history of the post-war period, and the plight of a traumatised nation.



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