



Lickin' the Beaters: Low Fat Vegan Desserts (PM Press)

Siué Moffat

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Don't pass up dessert! Even if you are vegan or trying to eat healthy there's no reason to deny yourself sweet treats. Lickin' the Beaters brings you over 80 fabulous low fat, dairy free desserts where even the second helping is guilt free. Breads, cakes, donuts, candies, cookies and bars, pies, ice creams, puddings, toppings, fruity stuff, drinks, and a whole lot more. Illustrated with beautiful linocuts and zany cartoons, you'll find the recipes fun, easy to follow and so good you'll eat half the batter.

Illustrations by Allyson Mitchell, Daryl Vocat, Missy Kulik, Five Seventeen, Brenda Goldstein, Jonathan Culp, Joe Ollman, and Zoe Dodd.



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Why don't make it to be your habit? Right now, try to prepare your time to do the important act, like looking for your favorite reserve and reading a guide. Beside you can solve your problem; you can add your knowledge by the book entitled Lickin' the Beaters: Low Fat Vegan Desserts (PM Press). Try to make book Lickin' the Beaters: Low Fat Vegan Desserts (PM Press) as your good friend. It means that it can to become your friend when you feel alone and beside regarding course make you smarter than ever. Yeah, it is very fortunated for yourself. The book makes you much more confidence because you can know anything by the book. So , let me make new experience and also knowledge with this book.

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