



México. Una odisea culinaria (Cocina) (Spanish Edition)

Diana Kennedy

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Pasión por la comida mexicana

“Nunca me siento tan feliz como cuando me dirijo a algún sitio en mi camioneta para descubrir cosas nuevas, porque hace mucho me percaté de que la riqueza de la comida mexicana y la variedad de formas en que se prepara son infinitas.” Diana Kennedy

Fruto de los numerosos recorridos que ha realizado la autora por todos los rincones de México, este libro es un apasionante viaje al corazón de la cocina nacional y un tributo a la riqueza culinaria del país en una época en la cual dicho legado se encuentra en peligro de perderse y desvirtuarse. Mucho más que un valioso conjunto de recetas tradicionales, es también un compendio que recoge anécdotas, información geográfica, datos históricos y detalles sobre las costumbres, folclor y cultura de los distintos estados de la república. La obra está dividida en varios capítulos que se corresponden con las regiones de México. Cada capítulo contiene una fascinante colección de sabores, colores y aromas que reflejan el amor de Diana Kennedy por nuestra cocina.



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