



Easy Exotic: Low-Fat Recipes from Around the World

Padma Lakshmi



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From international model Padma Lakshmi comes a collection of low-fat recipes that are delicious and simple to prepare. New in paperback, a tie-in to the upcoming, 13 part series starring Padma Lakshmi, to air on the Food Network in September. As an international model, Padma's schedule often leaves her with very little time to cook; yet she manages to create healthy and delicious meals. From her family and experiences of travel, she has put together easy-to-prepare recipes for the health-conscious chef. Each dish can be prepared in thirty minutes or less.



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