



Understanding Aging Parents (Christian Care Books, 8)

Andrew D. Lester, Judith L. Lester



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Using real-life illustrations, the Lesters offer practical advice based on how others have struggled and coped with the problems of aging. They discuss the physical and mental changes in aging parents, how to face anxieties about death, and what happens when one parent dies. They examine living wills, how decisions are made on where the parents will live, and how to deal with role reversals.



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