



# Bio-Kinetic Testing for Health; How to Take the Guesswork Out

*Tisha Mecham*

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# Bio-Kinetic Testing for Health; How to Take the Guesswork Out

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## **Bio-Kinetic Testing for Health; How to Take the Guesswork Out** Tisha Mecham

This book contains timely information on how to recognize and use energy to test for personal health issues. It has detailed illustrations describing three precise methods of testing, a short anatomy course, understanding and reversing the disease process, using vitamins, minerals and herbs and how to test them for individual needs, how to make your own herbal formulas, and several powerful testimonials of those who have benefited from this method of testing.

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