



# **The Mulligan Concept of Manual Therapy: Textbook of Techniques**

*Wayne Hing, Toby Hall, Darren A Rivett, Bill Vicenzino, Brian Mulligan*

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## Perfect for:

- Manual therapists, including: o Physiotherapists o Osteopaths o Chiropractors
- Undergraduate and post graduate students in: o Physiotherapy o Sports and Exercise Science o Osteopathy o Chiropractic

**An essential reference for the manual therapist seeking to improve patient's movement using pain-free hands-on techniques.**

Designed as a companion to Mulligan Concept training courses, the text is divided by:

- Body regions with techniques highlighting key information to assist with clinical reasoning and assessment
- Patient and practitioner positioning, guidelines for application and further adjustments.
- Covers a range of Mulligan techniques including Mobilisation With Movement and Pain Release Phenomenon
- Dictionary of annotations for techniques described
- Step-by-step instructions to over 160 Mulligan techniques
- Highly illustrated
- Over 40 expert contributors from 15 countries
- Home exercises and taping techniques also included.

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