



Take Your Soul to Work: 365 Meditations on Every Day Leadership

Erica Brown



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Practical, inspired, and bite-sized wisdom from renowned religious scholar Erica Brown, these daily meditations help add greater depth and purpose to your leadership.

Few leaders have a plan when it comes to soul-building at work. As a result, they often find themselves spiritually or emotionally depleted, and they can lose the larger ideals that made them want to lead in the first place. *Take Your Soul to Work* is a daily meditational for business and nonprofit leaders looking for inspiration. Each entry focuses on a different quality, emotion, or aspiration (“on discipline,” “on compassion,” “on impermanence,” “on callousness,” “on productive narcissism”) by presenting a relevant quote, story, or question inspired by the traditions of all faiths as well as artists, poets, and business thinkers to help leaders reframe, rethink, and reset.

Leaders rarely have time to reflect between the meeting, calls, and emails that eat away at the work day. With just one thought per day for the entire year, these 365 meditations will anchor, ground, and enrich corporate titans and nonprofit visionaries. *Take Your Soul to Work* provides spiritual nourishment and encourages leaders to steer their organizations with honesty, grace, and courage—and experience transcendence in the process.



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Dora Gourley:

Reading can called brain hangout, why? Because if you are reading a book particularly book entitled Take Your Soul to Work: 365 Meditations on Every Day Leadership the mind will drift away trough every dimension, wandering in each aspect that maybe unknown for but surely will end up your mind friends. Imaging just about every word written in a reserve then become one web form conclusion and explanation which maybe you never get just before. The Take Your Soul to Work: 365 Meditations on Every Day Leadership giving you one more experience more than blown away your brain but also giving you useful data for your better life in this era. So now let us explain to you the relaxing pattern here is your body and mind is going to be pleased when you are finished studying it, like winning a game. Do you want to try this extraordinary investing spare time activity?

Linda Gabriel:

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Derick Heinz:

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