



# Existential Man: The Challenge of Psychotherapy (Pergamon General Psychology Series, Pgps-8)

*Richard E. Johnson*

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## **Existential Man: The Challenge of Psychotherapy (Pergamon General Psychology Series, Pgps-8)**

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Existential Man: The Challenge of Psychotherapy presents a therapist's impression of existential man.

The book focuses on the personal experiences and conceptual organization of a practicing psychotherapist as a student, client, and therapist.

This book is divided into three main topics- foundations, encounters, and directions.

In these topics, this text specifically discusses the critical commitment and existential self. The congruent, modified, body, metaphor, and emergent encounters are also deliberated. This compilation likewise covers the end of professionalism, validation of experience, and metaphysics of psychotherapy.

This publication is a good reference for students researching on psychotherapy, including those interested in the therapeutic interaction or treatment contracted between a trained professional and a client, patient, family, couple, or group.

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