



Psychodynamic Group Psychotherapy, Third Edition

J. Scott Rutan, Walter N. Stone



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This highly acclaimed work has served as a comprehensive professional resource and text since its original publication. Now in its revised and expanded third edition, *Psychodynamic Group Psychotherapy* covers all aspects of forming and leading groups for a broad range of clinical populations. Essential topics covered include mechanisms and processes of change, patient selection, group composition, and patient preparation. Also addressed are leadership issues, the use of cotherapists, combining group work with other forms of treatment, understanding the expression of affect in groups, and dealing with "difficult" groups or individual members. Extensively revised, the third edition incorporates recent refinements in theory and practice from a variety of psychodynamic perspectives. References have been updated throughout, many new clinical examples have been added, and a separate chapter is now devoted to time-limited groups. Another entirely new chapter will be particularly useful in teaching and supervision. It provides an extended clinical illustration with commentary from both authors, illustrating the differing, equally valid perspectives that two experienced therapists might bring to the same case.



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