



125 Best Vegetarian Recipes

Byron Ayangolu

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Fabulous vegetarian dishes for healthy eating.

This book of tasty vegetable recipes is for anyone who enjoys good eating. With **125 Best Vegetarian Recipes**, any cook can create fast and easy magic in the kitchen. Featuring exquisite yet simple recipes, this book is a guide to enjoying all the benefits of mouthwatering vegetarian meals.

A few of the innovative combinations of flavors and textures included are:

- Insalata Caprese
- Avocado Soup with Fried Tortillas and Salsa
- Asian Spring Rolls
- Vegetable Goat Cheese Pie with an Olive Oil Crust Dome
- Leek-Potato-Lentil Pie
- Rapini with Balsamic Vinegar
- Marion's Almond-Chocolate Torte
- Chocolate Fondue

There is also sound advice on meal preparation and ingredient selections -- even a supplementary index listing for those following a strictly vegan diet. **125 Best Vegetarian Recipes** is a *go-to* cookbook in kitchens where good health and great-tasting food are equally important.

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