



## Memory Change in the Aged

*David F. Hultsch, Christopher Hertzog, Roger A. Dixon, Brent J. Small*

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**Memory Change in the Aged** David F. Hultsch, Christopher Hertzog, Roger A. Dixon, Brent J. Small  
Although there is a tremendous amount of research comparing the memory performance of younger and older adults, very few studies have followed the same older adults over time. This volume, based on the Victoria Longitudinal Study, takes a detailed approach to some of the more pressing questions regarding aging and memory. Only through the use of such longitudinal methods can one directly observe changes in memory functioning with aging. This monograph reports recent longitudinal data following the same individuals over a six-year period. The authors consider a variety of theoretical and methodological issues. This book is a valuable addition to its field and will prove helpful to researchers and professionals in the fields of gerontology, cognitive science, and developmental psychology.

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**Lorraine Bryant:**

Spent a free time to be fun activity to try and do! A lot of people spent their spare time with their family, or their friends. Usually they accomplishing activity like watching television, about to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Can be reading a book may be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the e-book untitled Memory Change in the Aged can be good book to read. May be it might be best activity to you.

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