



# **The Parents' Concise Guide to Childhood Vaccinations: From Newborns to Teens, Practical Medical and Natural Ways to Protect Your Child**

*Lauren Feder Md*

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As a physician trained in both standard and holistic medicine—and as a parent herself—Lauren Feder, M.D., presents the facts about vaccinations.

If you have chosen to vaccinate your children, she offers both practical medical and natural remedies to avoid possible side effects.

If you have chosen not to vaccinate your children, she offers natural medicines to strengthen your child's immune system, along with tips on how to deal with legal exemptions, school requirements, and medical insurances.

If you're just not sure what to do, she offers a balanced and easy-to-understand discussion of the issues, explaining the truth about the effectiveness of vaccinations, side effects, and much more.

With information on the latest available vaccinations for teens (including the meningococcal and HPV vaccinations), as well as new schedules for childhood vaccinations, *The Parents' Concise Guide to Childhood Vaccinations* is a comprehensive and reassuring guide to help you make the right decision for your child.

*From the Trade Paperback edition.*



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